



# MARIA CONCEICAO

## 14 MARCH 2017



**Maria Conceicao was born in Portugal and raised by an African immigrant from Angola, Maria Cristina Matos, alongside Matos' six children.**

**In 2005, Conceicao visited a slum and a hospital in Dhaka, which left a deep impression on her. She established the Maria Cristina Foundation, which provides education to underprivileged children.**

**To raise awareness and funds for the Foundation, Conceicao summited Mount Kilimanjaro, followed by a successful trek to the North Pole. She walked a marathon on each of the seven emirates in the UAE in seven days. She is the first Portuguese woman to summit Mount Everest and has run several ultra-marathons. She holds six Guinness World Records.**

### HUMANITARIAN ACHIEVEMENTS

- 2015 Cosmopolitan Female Role Model
- 2015 Cidadao Nobre Portugal
- 2014 Louvor Nobre Casa de Cidadania
- 2014 Humanitarian Women of the Year by Inspiring Women Belgium (Runner Up)
- 2014 Inspiring Change Award (International Gulf Organization)
- 2013 Sustainable Leadership Award
- 2012 The Special Mention for Child Welfare by Petrochem
- 2010 Most Inspiring Women of GCC by Kraft
- 2010 Voted Ahlan Hot 100 Entrepreneur in UAE
- 2009 Emirates Humanitarian Woman of the Year
- 2009 Emirates Woman of the Year
- 2007 Most Exceptional and Innovative European Women of the Year

### SPORTS ACHIEVEMENTS

- 2015 7 Marathons, In 7 Continents, In 11 Days
- 2015 6 time Guinness World Record Holder
- 2014 Triple Guinness World Record Holder
- 2014 7 Ultra Marathons, In 7 Continents, In 6 Weeks
- 2014 7 Ultra Marathons, In 7 Consecutive Days Dec
- 2014 7 Full Marathons, In 7 Consecutive Days Oct
- 2014 5 Full Marathons, In 5 States, In 5 Consecutive Days Oct
- 2014 5 Half Marathons, In 5 States, In 5 Consecutive Days Sep
- 2013 First Portuguese Woman To Summit Mount Everest
- 2012/2013 Climbed Mount Elbrus & Mount Aconcagua
- 2011 Last Degree To North Pole
- 2011 7 Marathons In 7 Days Across 7 Emirates, UAE
- 2010 Climbed Mount Kilimanjaro, Africa

The Oxford School

**WELCOMES**



EMIRATES AIRLINE  
FESTIVAL OF  
LITERATURE

**MARIA CHRISTINA  
CONCEICAO**



The First Portuguese Woman to reach the Top of Everest

**MARIA CONCEICAO**

with Alexandra Nunes

**A WOMAN ON TOP  
OF THE WORLD**

